



Louise Riencourt 65-67 | Athens, Metro Panormou | +30 213 038 3611 | [center@athensyoga.gr](mailto:center@athensyoga.gr) | [www.athensyoga.gr](http://www.athensyoga.gr)

## 2-15 JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY
<b>11:00-12:30</b> <b>Hatha Yoga</b> All levels Georgia Georgoni	<b>09.00-10.15</b> <b>Hatha Yoga</b> All levels Pinelopi Gavrilaki	<b>11:00-12:30</b> <b>Hatha Yoga</b> All levels Georgia Georgoni	<b>11:15-12:30</b> <b>Prenatal Yoga</b> Anna Petropoulou		<b>11:00-12:30</b> <b>Hatha Yoga</b> All levels Georgia Georgoni
	<b>10.30-12.00</b> <b>*Baby Yoga</b> Pinelopi Gavrilaki <b>CLASS ONLY 10/7</b>				
<b>16.00-17.30</b> <b>*Accessible Yoga</b> Pinelopi Gavrilaki	<b>16:00-17:15</b> <b>Prenatal Yoga</b> Anna Hagen	<b>16.00-17.30</b> <b>Vinyasa/Flow Yoga</b> Pinelopi Gavrilaki			<b>16:00-17:15</b> <b>Prenatal Yoga</b> Anna Hagen
<b>18:00-19:20</b> <b>Kundalini Yoga</b> All Levels Katerina Karasmani <b>LAST CLASS 2/7</b>	<b>17:30-18:45</b> <b>Hatha Yoga</b> <b>Beginners</b> Kalliopi Palli	<b>18:00-19:30</b> <b>Kundalini Yoga</b> All Levels Katerina Karasmani <b>LAST CLASS 4/7</b>	<b>18:30-20:00</b> <b>Hatha Yoga</b> All Levels Anna Petropoulou	<b>17:30-19:00</b> <b>Iyengar Yoga</b> All Levels Anna Hagen	
<b>19:30-21:00</b> <b>Dynamic Hatha Yoga</b> Pinelopi Gavrilaki	<b>19:00-20:30</b> <b>Hatha Yoga</b> All Levels Georgia Georgoni	<b>19:45-21:15</b> <b>Hatha Yoga</b> All Level Anna Petropoulou	<b>20:15-21:45</b> <b>Mindful Flow &amp; Restore Yoga</b> Pinelopi Gavrilaki	<b>19:15-20:45</b> <b>Hatha Yoga</b> <b>Beginners</b> Georgia Georgoni	
	<b>**20:45-22:15</b> <b>Dynamic Hatha Yoga</b> Georgia Georgoni				

## 16-29 JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY
	<b>09.00-10.15</b> <b>Hatha Yoga</b> All levels Pinelopi Gavrilaki	<b>11:00-12:30</b> <b>Hatha Yoga</b> All levels Georgia Georgoni	<b>*11:15-12:30</b> <b>Prenatal Yoga</b> Anna Petropoulou		<b>11:00-12:30</b> <b>Hatha Yoga</b> All levels Georgia Georgoni
	<b>10.30-12.00</b> <b>*Baby Yoga</b> Pinelopi Gavrilaki				
	<b>*16:00-17:15</b> <b>Prenatal Yoga</b> Anna Hagen	<b>**16.00-17.30</b> <b>Vinyasa/Flow Yoga</b> Pinelopi Gavrilaki			<b>*16:00-17:15</b> <b>Prenatal Yoga</b> Anna Hagen
	<b>18:00-19:15</b> <b>Hatha Yoga</b> <b>Beginners</b> Kalliopi Palli		<b>18:30-20:00</b> <b>Hatha Yoga</b> All Levels Anna Petropoulou	<b>17:30-19:00</b> <b>Iyengar Yoga</b> All Levels Anna Hagen	
<b>19:30-21:00</b> <b>Dynamic Hatha Yoga</b> Pinelopi Gavrilaki	<b>19:30-21:00</b> <b>Hatha Yoga</b> All Levels Georgia Georgoni	<b>19:45-21:15</b> <b>Hatha Yoga</b> All Level Anna Petropoulou	<b>**20:15-21:45</b> <b>Mindful Flow &amp; Restore Yoga</b> Pinelopi Gavrilaki	<b>19:15-20:45</b> <b>Hatha Yoga</b> <b>Beginners</b> Georgia Georgoni	

\*You need to sign up for the noted classes at 2130383611 or [center@athensyoga.gr](mailto:center@athensyoga.gr).

\*\*Schedule can change according to participation.



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## 30 JULY-3 AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>19:00-20:30</b> <b>Hatha Yoga</b> All Levels Georgia Georgoni	<b>19:30-21:00</b> <b>Hatha Yoga</b> All Levels Georgia Georgoni	<b>19:45-21:15</b> <b>Hatha Yoga</b> All Levels Pinelopi Gavrilaki	<b>19:45-21:15</b> <b>Hatha Yoga</b> All Levels Pinelopi Gavrilaki	

## 27-31 AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>18:00-19:15</b> <b>Hatha Yoga</b> <b>Beginners</b> Georgia Georgoni ----- <b>19:30-21:00</b> <b>Hatha Yoga</b> All Levels Georgia Georgoni	<b>11.00-12.30</b> <b>Hatha Yoga</b> All Levels Georgia Georgoni ----- <b>19:00-20:30</b> <b>Hatha Yoga</b> All Levels Pinelopi Gavrilaki	<b>18:00-19:15</b> <b>Hatha Yoga</b> <b>Beginners</b> Pinelopi Gavrilaki ----- <b>19:30-21:00</b> <b>Hatha Yoga</b> All Levels Pinelopi Gavrilaki	
<b>19:00-20:30</b> <b>Hatha Yoga</b> All Levels Georgia Georgoni				



**ATHENS YOGA WILL REMAIN CLOSED FROM SATURDAY AUGUST 4<sup>TH</sup> TO SUNDAY AUGUST 26<sup>TH</sup>.**

**HAPPY HOLIDAYS!**